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(54) Title: A COMPOSITION AND USES THEREFOR FOR COMBATING HANGOVER

(57) Abstract: The present invention relates generally to a composition for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of alcohol which composition comprises: (1) fructose and (2) fructose-containing oligosaccharide.

A COMPOSITION AND USES THEEFOR FOR COMBATING HANGOVER

FIELD OF THE INVENTION

5 The present invention relates generally to a composition for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

10 BACKGROUND OF THE INVENTION

hormone.

Bibliographic details of the publications referred to by author in this specification are collected at the end of the description.

- 15 Reference to any prior art, in this specification is not, and should not be taken as an acknowledgment or any form of suggestion that this prior art is common general knowledge or forms a part of the common general knowledge in Australia or any other country.
- 20 The alcohol hangover is characterised by headache, tremulousness, nausea, diarrhoea, and fatigue combined with decreased occupational, cognitive, or visual-spatial skill performance. The symptoms of hangover seem to be caused by dehydration, hormonal alterations, deregulated cytokine pathways, and toxic effects of ethanol and its related bi-products, such as acetaldehyde. Physiological characteristics include increased cardiac work with normal peripheral resistance, diffuse slowing on electroencephalography, and increased levels of antidiuretic
- Alcohol (ethanol) abuse and the resultant hangover are a substantial cost to the community. The recent review (Wiese et al, 2000) suggested that in the United States, related absenteeism and poor job performance cost \$148 billion annually

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(average annual cost per working adult, \$2000). Although hangover is associated with alcoholism, most of its cost is incurred by the light-to-moderate drinker. Subjects with hangover may pose substantial risk to themselves and others despite having a normal blood alcohol level. In Australia most motor traffic accidents are alcohol related and therefore represent a substantial problem for policing, legal, insurance and health resources. Interestingly no evidence suggests that alleviation of hangover symptoms leads to increased alcohol consumption (Wiese et al, 2000). Therefore, the development of an effective treatment is warranted, particularly a therapy which improves the cognitive and visual-spatial performance which it turn could reduce absenteeism and improve job performance.

Ethanol is metabolised to acetaldehyde by the enzyme alcohol dehydrogenase and acetaldehyde is metablised to acetate by the enzyme acetaldehyde dehydrogenase. These reactions occur predominantly in the liver but can also occur in other tissues. Ethanol and its related metabolic bi-products have many diverse influences on metabolism which include inhibition of insulin action, alteration of glycolytic enzymes and induction of the formation of oxygen radicals. These basic biochemical reactions result in a significant disturbance of neuronal and endocrine activity such as hypothalamic pituitary adrenal axis activity and catecholamine production.

In the work leading up to the present invention the instant inventor has developed a composition to enhance the metabolism of ethanol and inhibit some of the biochemical changes associated with ethanol and its bi-products, said composition being suitable for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

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SUMMARY OF THE INVENTION

Throughout this specification, unless the context requires otherwise the word "comprise", and variations such as "comprises" and "comprising", will be understood to imply the inclusion of a stated element or integer or step or group of elements or integers or steps but not the exclusion of any other elements or integer or step or group of elements or integers or steps.

In one aspect of the invention there is provided a composition comprising at least 10 one of:

- i) fructose; and
- i) fructose-containing oligosaccharide

for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

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Another aspect of the present invention provides a composition comprising at least one of:

- i) fructose; and
- ii) fructose-containing oligosaccharide;
- 20 together with
 - iii) a glucose-containing oligosaccharide

for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

- 25 Yet another aspect of the present invention is directed to a composition comprising at least one of:
 - i) fructose: and
 - ii) fructose-containing oligosaccharide;

together with at least one of:

- iii) a glucose-containing oligosaccharide; and
 - iv) a branched chain amino acid

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for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

Even yet another aspect of the present invention a composition comprising at least one of

- i) fructose; and
- ii) fructose-containing oligosaccharide;

together with at least one of:

- iii) a glucose-containing oligosaccharide
- iv) a branched chain amino acid; and
- v) α-lipoic acid together with a B-group vitamin

for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

- 15 Even yet another aspect of the present invention a composition comprising at least one of:
 - vi) fructose; and
 - vii) fructose-containing oligosaccharide;

together with at least one of:

- viii) a glucose-containing oligosaccharide
- ix) a branched chain amino acid; and
- x) α-lipoic acid together with a B-group vitamin

when used in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

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Yet another related aspect of the present invention provides a method for prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol, said method comprising administering to said subject an effective amount of a composition as broadly described above for a time and under conditions sufficient to alleviate or prevent one or more of said symptoms.

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Yet another related aspect of the present invention provides a method for prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol, said method comprising administering to said subject an effective amount of at least one of:

- fructose: and
- ii) fructose-containing oligosaccharide;

together with at least one of:

- iii) a glucose-containing oligosaccharide
- iv) a branched chain amino acid; and
- α-lipoic acid together with a B-group vitamin

for a time and under conditions sufficient to alleviate or prevent one or more of said symptoms.

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Still yet another aspect of the present invention provides the use of at least one of:

- i) fructose; and
- ii) fructose-containing oligosaccharide;

optionally together with at least one of:

- iii) a glucose-containing oligosaccharide
- iv) a branched chain amino acid; and
 - g-lipoic acid together with a B-group vitamin

in the manufacture of a medicament for prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

DETAILED DESCRIPTION OF THE INVENTION

The present invention is predicated, in part, on the development of a composition to enhance the metabolism of ethanol and inhibit some of the biochemical changes associated with ethanol and its bi-products. The novel composition of the

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present invention and derivatives thereof are useful for the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

5 The words "alcohol" and "ethanol" are used synonymously herein and refer to alcoholic compounds, their toxic metabolites and to derivatives or analogues of these.

One aspect of the invention there is provided a composition comprising at least

- i) fructose: and
- fructose-containing oligosaccharide

for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

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Reference herein to the term "oligosaccharide" includes reference to any hydrolysable polymer of one or more type of monosaccharides, said oligosaccharide containing from about 2 to 100 or more molecules of monosaccharide. Reference to an oligosaccharide includes reference to a 20 disaccharide and a complex oligosaccharide.

Preferably, said fructose-containing oligosaccharide is sucrose or corn syrup.

In an even yet more preferred embodiment the corn syrup is high-fructose corn 25 syrup.

Although not limiting the present invention in any way to one particular theory or mode of action, it is proposed that the inclusion of a fructose-containing oligosaccharide increases and prolongs carbohydrate availability which enhances of ethanol metabolism and reduces ethanol-induced alterations in insuling responsiveness.

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Accordingly, another aspect of the present invention provides a composition comprising at least one of:

- i) fructose; and
- 5 ii) fructose-containing oligosaccharide;

together with

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iii) a glucose-containing oligosaccharide
for use in the prophylaxis and/or treatment of one or more symptoms caused or
exacerbated by consumption of a toxic compound such as ethanol.

Reference herein to the term "glucose-containing oligosaccharide" is used in its broadest sense and includes functional derivatives, homologues and analogues thereof which would be well known to those skilled in the art

15 Preferably, said glucose-containing oligosaccharide is dextrose or a maltodextrin.

Even more preferably, said glucose-containing oligosaccharide is a corn maltodextrin

- 20 In a further embodiment, one or more branched chain amino acids are included in the composition of the present invention. Again, without limitation to any particular mode of action or theory, branched chain amino acids are a very good source of energy and are required for protein production which is inhibited by ethanol.
- 25 Accordingly, yet another aspect of the present invention is directed to a composition comprising at least one of:
 - i) fructose; and
 - fructose-containing oligosaccharide;

together with at least one of:

- iii) a glucose-containing oligosaccharide; and
 - iv) a branched chain amino acid

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for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

Reference herein to "branched chain amino acid" includes reference to derivatives, homologues, analogues and mimetics thereof which will be well known to those skilled in the art. Chemical analogues of the subject amino acids contemplated herein include, but are not limited to, modification to side chains such as amino or carboxyl groups.

10 Preferably, said branched chain amino acid is selected from the group comprising leucine, valine and isoleucine.

Even more preferably, said branched chain amino acid is leucine.

- 15 Components of the composition may be derived from any convenient source. For example, they may be in purified form or they maybe in the form of herbs or preferably an extract of herbs or horticultural or botanical equivalents of herbs or chemical or functional equivalents of the herb extract
- 20 Ethanol metabolism is dependent on the availability of oxidised NAD+ which is reduced to NADH when ethanol and acetaldehyde are oxidised. In accordance with the present invention it is proposed that the deleterious effects of ethanol in increasing oxygen radical formation and reducing the availability of NAD+ may be reduced by administration of a composition containing α-lipoic acid together with a B-group vitamin.

Another embodiment of the present invention contemplates therefore a composition comprising at least one of:

- i) fructose; and
- 30 ii) fructose-containing oligosaccharide; together with at least one of:

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- iii) a glucose-containing oligosaccharide;
- iv) a branched chain amino acid; and
- v) q-lipoic acid together with a B-group vitamin

for use in the prophylaxis and/or treatment of one or more symptoms caused or 5 exacerbated by consumption of a toxic compound such as ethanol.

Preferred B-group vitamins are selected from the group comprising pantothenate and biotin.

In another related aspect of the present invention provides a method for prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol, said method comprising administering to said subject an effective amount of a composition as broadly described above for a time and under conditions sufficient to alleviate or prevent one or more of said symptoms.

Yet another related aspect of the present invention provides a method for prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as 20 ethanol, said method comprising administering to said subject an effective amount of at least one of:

- i) fructose: and
- ii) fructose-containing oligosaccharide;

optionally together with at least one of:

- iii) a glucose-containing oligosaccharide;
- iv) a branched chain amino acid; and
- α-lipoic acid together with a B-group vitamin

for a time and under conditions sufficient to alleviate or prevent one or more of said symptoms.

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Yet another aspect of the present invention provides the use of at least one of:

- 10 -

- i) fructose; and
- fructose-containing oligosaccharide:

optionally together with at least one of:

- iii) a glucose-containing oligosaccharide;
- iv) a branched chain amino acid: and
- v) α-lipoic acid together with a B-group vitamin

in the manufacture of a medicament for prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

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Administration of the composition of the present invention may be by any convenient route. Oral administration is generally preferred although pharmaceutical forms of the present composition may be suitable for injectable use such as sterile aqueous solutions (where water soluble) and sterile powders 15 for the extempoaneous preparation of sterile injectable solutions or dispersions. The composition must be stable under the conditions of manufacture and storage and must be preserved against the contaminating action of microorganisms such as bacteria and fundi. The carrier can be a solvent or dispersion medium containing, for example, water, ethanol, polyol (for example, glycerol, propylene 20 glycol and liquid polyethylene glycol, and the like), suitable mixtures thereof and vegetable oils. The proper fluidity can be maintained, for example, by the use of a coating such as licithin. The prevention of the action of microorganisms can be brought about by various antibacterial and antifungal agents, for example, parabens, chlorobutanol, phenol, sorbic acid, thimerosal and the like. In many 25 cases, it will be preferable to include isotonic agents, for example, sugars or sodium chloride. Prolonged absorption of the injectable compositions can be brought about by the use in the compositions of agents delaying absorption, for example, aluminum monostearate and gelatin.

30 Sterile injectable solutions are prepared by incorporating the active compounds in the required amount in the appropriate solvent with various of the other ingredients

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enumerated above, as required, followed by filtered sterilization. In the case of sterile powders for the preparation of sterile injectable solutions, the preferred methods of preparation are vacuum drying and the freeze-drying technique which yield a powder of the active ingredient plus any additional desired ingredient from previously sterile-filtered solution thereof.

The compositions may be orally administered, for example, with an inert diluent or with an assimilable edible carrier, or it may be enclosed in hard or soft shell gelatin capsule, or it may be compressed into tablets, or it may be in powdered form or 10 incorporated directly with the food of the diet. For oral therapeutic and/or prophylactic administration, the active compound may be incorporated with excipients and used in the form of ingestible tablets, buccal tablets, troches, capsules, elixirs, suspensions, syrups, wafers, and the like. Such compositions and preparations should contain at least 1% by weight of active compound. The 15 percentage of the compositions and preparations may, of course, be varied and may conveniently be between about 5 to about 80% of the weight of the unit. The amount of active compound in such therapeutically useful compositions in such that a suitable dosage will be obtained. Preferred compositions or preparations according to the present invention are prepared so that an oral dosage unit form contains between about 0.01 µg and about 2000 mg of active compound. Alternative amounts include between about 1.0 µg and about 1500 ng, between about 1µg and about 1000 mg and between about 10 µg and about 500 mg.

The tablets, troches, pills, capsules and the like may also contain the components
as listed hereafter: A binder such as gum, acacia, corn starch or gelatin; excipients
such as dicalcium phosphate; a disintegrating agent such as corn starch, potato
starch, alginic acid and the like; a lubricant such as magnesium stearate; and a
sweetening agent such a sucrose, lactose or saccharin may be added or a
flavouring agent such as peppermint, oil of wintergreen, or cherry flavouring.

When the dosage unit form is a capsule, it may contain, in addition to materials of
the above type, a liquid carrier. Various other materials may be present as

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coatings or to otherwise modify the physical form of the dosage unit. For instance, tablets, pills, or capsules may be coated with shellac, sugar or both. A syrup or elixir may contain the active compound, sucrose as a sweetening agent, methyl and propylparabens as preservatives, a dye and flavouring such as cherry or orange flavour. Of course, any material used in preparing any dosage unit form should be pharmaceutically pure and substantially non-toxic in the amounts employed. In addition, the active compound(s) may be incorporated into sustained-release preparations and formulations.

10 Pharmaceutically acceptable carriers and/or diluents include any and all solvents, dispersion media, coatings, antibacterial and antifungal agents, isotonic and absorption delaying agents and the like. The use of such media and agents for pharmaceutical active substances is well known in the art. Except insofar as any conventional media or agent is incompatible with the active ingredient, use thereof in the therapeutic compositions is contemplated. Supplementary active ingredients can also be incorporated into the compositions.

form for ease of administration and uniformity of dosage. Dosage unit form as
20 used herein refers to physically discrete units suited as unitary dosages for the
mammalian subjects to be treated; each unit containing a predetermined quantity
of active material calculated to produce the desired therapeutic effect in
association with the required pharmaceutical carrier. The specification for the
novel dosage unit forms of the invention are dictated by and directly dependent on
25 (a) the unique characteristics of the active material and the particular therapeutic
effect to be achieved, and (b) the limitations inherent in the art of compounding
such an active material for the treatment of disease in living subjects having a

It is especially advantageous to formulate parenteral compositions in dosage unit

30 The principal active ingredient or ingredients are compounded for convenient and effective administration in effective amounts with a suitable pharmaceutically

diseased condition in which bodily health is impaired as herein disclosed in detail.

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acceptable carrier in dosage unit form. A unit dosage form can, for example, contain the principal active compounds in amounts ranging from 0.01 µg to about 70g/100grams. Expressed in proportions, the active compound is generally present in from about 0.5 µg to about 2000 mg/ml of carrier. In the case of compositions containing supplementary active ingredients, the dosages are determined by reference to the usual dose and manner of administration of the said ingredients. Alternatively, amounts administered may be represented in terms of amounts/kg body weight. In this case, amounts range from about 0.001 µg to about 1000 mg/kg body weight may be administered 500 mg/kg body weight 10 or about 10.01 µg to about or above 0.1 µg to about 250 mg/kg body weight are contemplated by the present invention.

Prior to case of ethanol consumption, prophylactic administration is contemplated.

Preferably, the composition is administered prior to consumption of ethanol. This

could be followed by an equal dose when consumption stops. Alternatively, the
composition is administered when convenient thereafter. If symptoms of hangover
persist, a repeat dose and/or a larger dose may be administered. The dosage and
frequency of dosing is determined by a number of factors including body weight
and quantity of alcohol consumed or to be consumed.

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Still more preferably, the composition is administered before, during or shortly after ethanol consumption.

The present invention is now further described with reference to the following non-25 limiting examples.

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EXAMPLE 1

The following composition was tested in subjects:

	100.0
Compound	mg per 100 Grams
Corn maltodextrins	56609.1mg
Fructose	21000mg
Dextrose monohydrate	7000mg
L-Alanine	3500mg
L-Leucine	2500mg
L-Isoleucine	2500mg
L-Valine	2500mg
L-Glycine	1000mg
L-Serine	500mg
L-Methionine	50mg
L-Phenylalanine	50mg
L-Arginine	50mg
L-Tyrosine	50mg
L-Histidine	50mg
L-Aspartic acid	50mg
L-Glutamic acid	50mg
L-Asparagine	50mg
L-Proline	50mg
L-Lysine	50mg
L-Threonine	50mg
L-Cystine	50mg
Sodium phosphate	1000mg
Sodium bicarbonate	750mg
Ascorbic acid	300mg
Magnesium aspartate	150mg
Nicotinamide	30mg
d-alpha Tocopheryl acetate	20mg
Ferrous fumarate	20mg
α-Lipoic acid	10mg
Calcium Pantothenate	5mg
Riboflavine	3mg
Thiamine	2mg
Betacarotene	750mcg
Biotin	5mcg
Cholecalciferol	5mcg
Cyanocobalamin	5mcg
Flavour	

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EXAMPLE 2

A male subject aged 42 years, who is a moderate drinker, took a teaspoon of the supplement of Example 1 on the moming following the consumption of an excessive amount of alcohol and reported that within 30 minutes that he was able to start to think clearly again and that most of the symptoms of his hangover were gone. This subject usually suffers significantly from hangovers.

EXAMPLE 3

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A male subject aged 42 years, who is a moderate drinker, took a teaspoon of the supplement of Example 1 prior to drinking and a teaspoon following the end of the drinking session. He stated that he was not as severely effected by alcohol during his drinking session and that the following morning he did not have a hangover.

15 This subject usually suffers significantly from hangovers.

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EXAMPLE 4

The following composition is also tested in subjects:

Corn maltodextrins 56609.1mg Fructose 21000mg Dextrose monohydrate 7000mg L-Alanine 3500mg L-Leucine 2500mg L-Isoleucine 2500mg L-Valine 2500mg L-Olycine 1000mg L-Serine 500mg L-Phenylalanine 50mg L-Phenylalanine 50mg L-Histidine 50mg L-Aspartic acid 50mg L-Asparagine 50mg L-Asparagine 50mg L-Proline 50mg L-Proline 50mg L-Tysine 50mg L-Cystine 50mg Sodium phosphate 50mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Micotinamide 30mg d-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Beta		100 Crama
Fructose	Compound	mg per 100 Grams
Dextrose monohydrate 7000mg L-Alanine 3500mg L-Leucine 2500mg L-Isoleucine 2500mg L-Valine 2500mg L-Glycine 1000mg L-Serine 500mg L-Phenylalanine 50mg L-Tyrosine 50mg L-Aspartic acid 50mg L-Asparatic acid 50mg L-Asparagine 50mg L-Proline 50mg L-Proline 50mg L-Cystine 50mg Sodium phosphate 50mg Sodium phosphate 1000mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 20mg d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg c-Lipoic acid 3mg Thiamine 3mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg		
L-Alanine		
L-Leucine 2500mg L-Isoleucine 2500mg L-Isoleucine 2500mg L-Valine 2500mg L-Soleucine 2500mg L-Soleucine 1000mg L-Serine 500mg L-Phenylalanine 50mg L-Phenylalanine 50mg L-Tyrosine 50mg L-Aspartic acid 50mg L-Aspartic acid 50mg L-Aspartic acid 50mg L-Aspartic 50mg L-Isoleucine 50mg L-Isoleucine 50mg L-Ithreonine 50mg L-Ithreonine 50mg L-Ucystine 50mg L-Ithreonine 50mg L-Oystine 50mg Sodium phosphate 750mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 1150mg Nicotinamide 30mg d-alpha Tocopheryl acetate Ferrous fumarate 20mg C-Lipoic acid 20mg C-Lipoic acid 50mg Thiamine 20mg Riboflavine 750mcg Biotin 5mcg Cholecalciferol 5mcg Congressione 5mcg Smcg Smcg Smcg Smcg Smcg Smcg Smcg S		
L-Isoleucine		
L-Valine		
L-Glycine 500mg L-Serine 500mg L-Phenylalanine 50mg L-Tyrosine 50mg L-Histidine 50mg L-Aspartic acid 50mg L-Aspartic acid 50mg L-Aspartic acid 50mg L-Aspartic acid 50mg L-Asparagine 50mg L-Intervent 50mg L-Tyrosine 50mg L-Itysine 50mg L-Tyrosine 50mg L-Tyrosine 50mg L-Tyrosine 50mg L-Tyrosine 50mg L-Oystine 50mg L-Oystine 50mg L-Oystine 50mg Sodium phosphate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 30mg Alapha Tocopheryl acetate Ferrous fumarate 20mg C-Lipoic acid 20mg Calcium Pantothenate 5mg Riboflavine 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg		
L-Serine 500mg L-Phenylalanine 50mg L-Phenylalanine 50mg L-Histdine 50mg L-Histdine 50mg L-Aspartic acid 50mg L-Asparagine 50mg L-Proline 50mg L-Proline 50mg L-Proline 50mg L-Threonine 50mg Sodium phosphate 50mg Sodium bicarbonate 750mg Magnesium aspartate 150mg Magnesium aspartate 150mg Micotinamide 20mg C-Ipioic acid 20mg Calcium Pantothenate 5mg Riboflavine 1750mg Riboflavine 5mg Riboflavine 5mg Riboflavine 5mg Ribotlavine 5mg Ribotlavine 5mg Ribotlavine 5mg Betacarotene 750mcg Simcg Cholecalciferol 5mcg Cholecobalamin 5mcg		
L-Phenylalanine 50mg L-Tyrosine 50mg L-Histidine 50mg L-Aspartic acid 50mg L-Aspartic acid 50mg L-Asparagine 50mg L-Proline 50mg L-Lysine 50mg L-Tyreonine 50mg L-Cystine 50mg Sodium phosphate 750mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Micotinamide 30mg d-alpha Tocopheryl acetate Ferrous fumarate 20mg Calcium Pantothenate 5mg Riboflavine 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 50mg Somg		
L-Tyrosine L-Histidine L-Aspartic acid L-Aspartic acid L-Aspartic acid L-Asparagine L-Proline Somg L-Proline Somg L-Lysine L-Threonine L-Cystine Sodium phosphate Sodium phosphate Sodium bicarbonate Ascorbic acid Magnesium aspartate Nicotinamide Asine Riboflavine Ferrous fumarate α-Lipoic acid α-Lipoic acid α-lipair Tocopheryl acetate Ferrous fumarate α-Lipoic acid πησ βiboflavine Thiamine Betacarotene Fine Biotin Cholecalciferol Cyanocobalamin		
L-Histidine		
L-Aspartic acid 50mg L-Glutamic acid 50mg L-Asparagine 50mg L-Asparagine 50mg L-Proline 50mg L-Threonine 50mg L-Threonine 50mg L-Cystine 50mg Sodium phosphate 750mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 30mg d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg C-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg		
L-Glutamic acid 50mg L-Asparagine 50mg L-Proline 50mg L-Proline 50mg L-Threonine 50mg L-Cystine 50mg Sodium phosphate 1000mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 20mg -alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg α-Lipoic acid 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg		
L-Asparagine 50mg L-Proline 50mg L-Proline 50mg L-L-Lysine 50mg L-Cystine 50mg L-Cystine 50mg Sodium phosphate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 30mg d-alpha Tocopheryl acetate Ferrous fumarate 20mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cyanocobalamin 50mg		
L-Proline	L-Glutamic acid	
L-Lysine 50mg L-Threonine 50mg L-Cystine 50mg Sodium phosphate 1000mg Sodium bloarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 20mg -alpha Tocopheryl acetate 20mg Ferrous fumarate 5mg α-Lipoic acid 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg		
L-Threonine 50mg L-Cystine 50mg Sodium phosphate 1000mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 30mg d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg c-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	L-Proline	
L-Cystine 50mg Sodium phosphate 1000mg Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 30mg d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg c-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg		
Sodium phosphate Sodium bicarbonate Sodium bicarbonate Sodium bicarbonate Sodium bicarbonate Sodium bicarbonate Ascorbic acid 300mg Magnesium aspartate I50mg 30mg d-alpha Tocopheryl acetate Ferrous fumarate c-Lipoic acid Calcium Pantothenate Riboflavine Thiamine 2mg Betacarotene T50mcg Biotin Cholecalciferol Cyanocobalamin 1000mg 750mg 30mg 10mg 22mg 22mg 3mg 5mcg 5mcg 5mcg 5mcg 5mcg 5mcg 5mcg	L-Threonine	50mg
Sodium bicarbonate 750mg Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 30mg d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg c-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg		50mg
Ascorbic acid 300mg Magnesium aspartate 150mg Nicotinamide 30mg d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg c-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Sodium phosphate	
Magnesium aspartate 150mg Nicotinamide 20mg -alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg σ-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Sodium bicarbonate	750mg
Nicotinamide 30mg d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg c-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Ascorbic acid	
d-alpha Tocopheryl acetate 20mg Ferrous fumarate 20mg c-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Magnesium aspartate	150mg
Ferrous fumarate 20mg α-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Nicotinamide	30mg
α-Lipoic acid 10mg Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	d-alpha Tocopheryl acetate	20mg
Calcium Pantothenate 5mg Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Ferrous fumarate	20mg
Riboflavine 3mg Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	α-Lipoic acid	10mg
Thiamine 2mg Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Calcium Pantothenate	5mg
Betacarotene 750mcg Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Riboflavine	3mg
Biotin 5mcg Cholecalciferol 5mcg Cyanocobalamin 5mcg	Thiamine	2mg
Cholecalciferol 5mcg Cyanocobalamin 5mcg	Betacarotene	750mcg
Cholecalciferol 5mcg Cyanocobalamin 5mcg	Biotin	5mcg
Cyanocobalamin 5mcg	Cholecalciferol	
	Cyanocobalamin	
	Flavour	

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Those skilled in the art will appreciate that the invention described herein is susceptible to variations and modifications other than those specifically described. It is to be understood that the invention includes all such variations and modifications. The invention also includes all of the steps, features, compositions and compounds referred to or indicated in this specification, individually or collectively, and any and all combinations of any two or more of said steps or features.

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BIBLIOGRAPHY

Wiese JG, Shlipak MG, Browner WS. The alcohol hangover. *Ann Int Med*, 132:897-902, 2000.

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CLAIMS:

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- 1. A composition comprising at least one of:
 - i) fructose; and
 - ii) fructose-containing oligosaccharide
- 5 for use in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.
 - A composition according to claim 1 wherein said composition further comprises:
- 10 iii) a glucose-containing oligosaccharide.
 - 3. A composition according to claim 1 wherein said composition further comprises at least one of:
 - iii) a glucose-containing oligosaccharide; and
- 15 iv) a branched chain amino acid.
 - A composition according to claim 1 wherein said composition further comprises at least one of:
 - iii) a glucose-containing oligosaccharide;
- 20 iv) a branched chain amino acid; and
 - α-lipoic acid together with a B-group vitamin.
 - A composition according to claim 3 or 4 wherein said branched chain amino acid is selected from leucine, valine and isoleucine.
 - A composition according to claim 5 wherein said branched chain amino acid
 is leucine.
- 7. A composition according to any one of claims 4 to 6 wherein said B-group vitamin is selected from the group comprising pantotherate and biotin.

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 A composition according to any one of claims 1 to 7 when used in the prophylaxis and/or treatment of one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

- 5 9. A method for the prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol, said method comprising administering to said subject an effective amount of a composition comprising at least one of:
 - i) fructose; and
- ii) fructose-containing oligosaccharide; for a time and under conditions sufficient to alleviate or prevent one or more of said symptoms.
- A method according to claim 9 wherein said composition further comprises
 at least one of:
 - iii) a glucose-containing oligosaccharide;
 - iv) a branched chain amino acid; and
 - α-lipoic acid together with a B-group vitamin.
- 20 11. Use of at least one of:
 - i) fructose; and
 - ii) fructose-containing oligosaccharide;

optionally together with at least one of:

- iii) a glucose-containing oligosaccharide:
- 25 iv) a branched chain amino acid; and
 - v) α-lipoic acid together with a B-group vitamin

in the manufacture of a medicament for prophylaxis and/or treatment of a subject having or likely to have one or more symptoms caused or exacerbated by consumption of a toxic compound such as ethanol.

INTERNATIONAL SEARCH REPORT

International application No.
PCT/AU02/00890

A.	CLASSIFICATION OF SUBJECT MATTER	3				
Int. Cl. 7: A61K 031/7004, 31/7016, 31/702; A61P 025/32						
According to International Patent Classification (IPC) or to both national classification and IPC						
	FIELDS SEARCHED					
Minimum documentation searched (classification system followed by classification symbols)						
Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched						
Electronic data base consulted during the international search (name of data base and, where practicable, search terms used) WPAT, MEDLINE: Key words: Fructose, oligosaccharide, dissacharide, sucrose, corm syrup, alcohol, hangover and related terms.						
c.	DOCUMENTS CONSIDERED TO BE RELEVAN	NT				
Category*	ategory* Citation of document, with indication, where appropriate, of the relevant passages Relevant to claim No.					
х	GB 2308810 A (SOBERING THOUGHTS LTD) 9 July 1997 See page 1; page 9 lines 3-10; claims					
х	Derwent Abstract Accession No. 2001-180433/18, Class B05, RU 2160589-C1 (BIOFIZIKA PRODIN CENTRE SCI PRODIN ASSOC) See whole abstract 1-11					
X Further documents are listed in the continuation of Box C See patent family annex						
Special categories of cited documents: "Document defining the general state of the art which is not considered to be of particular relevance "E" earlier application or patent but published on or after the international filling date or priority date and not in conflict with the application but cited to understand the principle and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand the principle or and not in conflict with the application but cited to understand						
"L" docume claim(s) publical	when the document is taken alone			cannot be ent is combined		
"O" document referring to an oral disclosure, use, exhibition or other means						
"P" docume	nt published prior to the international filing later than the priority date claimed					
Date of the actu 23 August 20	al completion of the international search		Date of mailing of the international search report 9 SEP 2002			
Name and mail	ng address of the ISA/AU		Authorized officer			
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INTERNATIONAL SEARCH REPORT

International application No.
PCT/AU02/00890

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
х	EP 185117 A (IPEX GETRANKE-HERST. UND VERTRIEBSGESELLSCHAFT mbH) 25 June 1986 See claims	1-11
A	FR 2748935 A (CLERGEAUD J) 28 November 1997 See whole document	1-11
A	Derwent Abstract Accession No. 98-167658/15, Class B05 (B03), RU 2086237-Cl (NEMIROVSKII O N) 10 August 1997 See abstract	1-11